

DERMATOLOGY ASSOCIATES OF MORRIS, P.A.
MOHS SURGERY OF MORRIS, P.A.
199 Baldwin Road
Parsippany, New Jersey 07054
Telephone: 973-335-2560
Mohs Micrographic Surgery

Fax: 973-335-9421
www.mohssurgeryofmorris.com

Daily Wound Care for Sutures (Stitches)

1. Keep the area absolutely dry the day of surgery.
2. Next morning, gently remove the bandage. At this time you may shower or bathe.
3. Gently clean the area treated with mild soap and water, removing any crust that may have formed. Pat dry with a clean gauze or Q-tip.
4. With a Q-tip, apply _____ to the stitches and cover with a gauze or non-stick bandage. Secure with paper tape x _____ days.

Post-Operative Instructions:

- **Activity:** Avoid all **strenuous** activities and exercises until sutures are removed.
- **Discomfort:** Do not use aspirin, aspirin-containing products, ibuprofen, or alcohol for the first two days after surgery. If you experience discomfort, you may take Advil (Ibuprofen) or Tylenol (Acetaminophen), one to two tablets every four hours.
- **Bleeding:** If bleeding occurs, **do not** remove the bandage. Apply **continuous** firm pressure with gauze for 15 to 20 minutes. If the bleeding persists, repeat the pressure for an additional 20 minutes. Please **notify** us of any bleeding, as you will most likely need to have a bandage change. If bleeding continues, you should notify us and come in **immediately**, or if the office is closed, go to your nearest emergency room. **PLEASE do not go to the emergency room without attempting to contact us first.**
- **Infection:** Some soreness and redness is expected. If the area becomes **very sore, red, and/or hot** to the touch, or you have a **fever**, please notify us. It is possible the area may be infected.
- **Bruising and Swelling:** There may be a bruise near or below the site. This is normal and it could last up to a week. Swelling is also normal. It usually **increases** for 24 to 48 hours and then begins to improve. Please call us if the swelling reappears or worsens.
- **DO NOT APPLY ICE TO SURGERY SITE** as it may delay healing.
- **Vitamins / Supplements:** You may resume two days after surgery.

*If you have any questions or difficulties, please contact us at 973-335-2560 ex 402.
If you are experiencing an emergency after hours please call the office and speak to the on-call doctor.*